# 中考英语作文模版和范文优选17篇

来源：网络 作者：空山新雨 更新时间：2025-07-18

*中考英语作文模版和范文 第一篇Here are some suggestions to keep healthy.Firstly,we should keep a good mood. Keeping a good mood can mak...*

**中考英语作文模版和范文 第一篇**

Here are some suggestions to keep healthy.

Firstly,we should keep a good mood. Keeping a good mood can make us healthy andwealthy. Secondly, we should have enough sleep every day. Don\'t stay up late atnight and get up early in the morning. Thirdly, we should develop a good eatinghabit, namely eating more fresh fruits and green vegetables, less meat and nojunk food. Besides, make sure that eat at regular intervals. In addition, weshould change our clothes as the season goes. What’s more, when we are at home,we should open the windows to keep the air clean. Last but not least, do theexercise every day to strengthen our health.

Do please pay attention to thesepoints, keeping a healthy body.

**中考英语作文模版和范文 第二篇**

You and some friends are organizing an English Festival. Write out a poster you are going to put up outside your school. Don\'t forget to include place, time, date and any other information students need to know.

题目：你和你的朋友们正在筹备英语节，试着策划一张贴在校外的海报。记得在海报上注明活动地点、时间、日期和其它重要信息。

>参考作文

You Will Be a Shining Star

你将是闪亮之星

The school English Festival is coming soon. We have prepared lots of interesting activities.

学校的英语节马上就要开始啦！我们准备了很多精彩节目哦。

English broadcast (news): Monday-Friday from 7:00-7:.

英语广播（新闻速递）：周一——周五 早上7:00——7:30。

English broadcast (songs): Monday-Friday from 12:00-12:.

英语广播（音乐欣赏）：周一——周五 中午12:00——12:30。

Cartoons: Monday-Thursday from 4:00-4:. at the hall

动漫欣赏：周一——周四 下午4:00——4:30 大礼堂

Talent show: Friday afternoon from 2:00-5:. at Room 508

才艺展示：周五下午2:00——5:00 508教室

Besides we are going to have listening, writing and reading competition the following week. Don\'t miss this opportunity. We are looking forward to your active participation. Come on and join us, you will be a Shining Star this year!

另外，我们下周还将举行读听说大赛。别错过这次机会哦，我们期待着你的热情参与。来吧，加入我们，你将成为今年的闪亮之星！

**中考英语作文模版和范文 第三篇**

Movie is my favorite that I always watch movies when I am free. Since I like English very much, so the English movie is my favorite, too.

Among so many films I have watched, the one I like best is High School Musical. This film tells the stories about two high school juniors from rival cliques – Troy Bolton, captain of the basketball team, and Gabriella Montez, a beautiful and shy transfer student who is a hard working girl.

Together, they try out for the lead parts in their high school musical. In this process, a series of stories happen, but in the end, the musical achieves great success and Troy and Gabriella fall in love with each other.

It’s totally a happy ending. I like this movie because the high school life in that is so colorful and amazing, which I admire so much.

Besides, everyone loves happy ending of love story.

**中考英语作文模版和范文 第四篇**

题目：请根据以下提示写一篇文章，不少于60单词。

Growing Pains and Gains

1 一个戴深度近视眼镜的女孩面对一大堆的作业。

2 一个小女孩在弹钢琴，母亲站在旁边拿着尺。

3 小女孩和许多人在开生日晚会，脸上露出微笑。

4 小女孩孜孜不倦地在看书。

参考作文

I think I have a happy life, though I cannot do the things I like. For example, I like reading different books in my spare time, especially some detective stories. But my mum always asks me to practise playing the piano one hour every day. That\'s boring.

我觉得自己生活得很快乐，虽然我不能做自己喜欢的事情。比如说我喜欢在课外阅读不同的书籍，尤其是侦探类故事。但我妈妈总是让我每天练习一小时钢琴。这很无趣。

I like having parties with my friends during the holidays. But I have to do lots of homeworks. Teachers always give us more homework when we have holidays. That\'s my growing pains and gains.

我喜欢在节假日和朋友聚会，但我总是有做不完的`作业。我们老师总是在节假日来临的时候布置很多作业。这是我成长中的代价和收获。

**中考英语作文模版和范文 第五篇**

One rainy day, Li Li went home by taxi. In the car she found (that) the driver was learning English. He said to Li Li: xxxI was weak in English when I was at school. Now I’m working hard at it to help with the Beijing 20\_ Olympic Games.xxx

I think I should learn from the driver. English is very important to us because it is widely used all over the world. As a student, I’ll do my best to learn English well at school. And I’m going to speak English as much as possible to show support for the Beijing 20\_ Olympic Games.

**中考英语作文模版和范文 第六篇**

Happiness is for everyone. Some students think happiness comes from studying hard at their

lessons. Their parents are always taking good care of their life and their health. They feel happy.

Some students say when they do something wrong, people around them will help them to correct it. They believe this is happiness.

I agree with them. I love my friends congratulating me when I enjoy success. When I do something kind to others, I feel happy, too.

When we think of these things, we realize that happiness is all around us.

**中考英语作文模版和范文 第七篇**

How to Keep Healthy Firstly, build normal daily routine and eat regularly. You should go to bed and get up early. Make sure you can have a good rest. Pay attention to your diets. Dont eat too much meat and sugar. Eat more vegetables.

首先，建立正常的作息，饮食规律。你应该早睡早起，确保你能够有良好的.睡眠。注意你的饮食，不要吃太多肉和糖，多吃蔬菜。

Secondly, have a good mood towards life. A good mood will bring you a healthy body, too.

其次，对生活抱有好心境。一个好的心情也会给你带来一个健康的身体。

Last, do some exercises. Exercises help you build a strong and healthy body.

最后，要多锻炼。锻炼能够帮助你建立强壮健康的身体。

**中考英语作文模版和范文 第八篇**

As a middle school student, I learn many subjects, I study very hard every day. When I go home, I will do my homework and then review the books. But when the holiday comes, I feel a little confused, because I don’t want to study and want to do something new. I don’t know what to do. My mind went blank.

I decided to cultivate my interest. One day, I happened to see a tennis match, I couldn’t stop watching, then I fell in love with tennis. So I began to learn to play tennis, I felt very happy. Develop interests and hobbies

Now tennis is my favorite sport, I find a way to relax myself.

**中考英语作文模版和范文 第九篇**

Chinese food is colorful, varied, delicious, and nutritious. Chinese people cares not only about the taste of the food, but also about its color and smell. Food in different places has different flavors. Beijing food is quite oily and salty; Shanghai food is sweet and light; Sichuan food is spicy and hot; and Cantonese food is fresh and tender. What\'s more, there are some popular local snacks. For example, Beijing Roast Duck has a good reputation for its tender meat, while the steam buns in Shanghai are well known for their juicy ingredients.

**中考英语作文模版和范文 第十篇**

Dear Peter，

We’re so glad you’re coming to join us on is how you can find ’ll have our picnic in the People’s know where that is， don’t you? After you enter the park by the main gate， walk straight on till you come to a the stream and turn walking for a while， you’ll come to a round to the other side of the you’ll see a ’ll have our picnic there in the small woods by the ’m sure you’ll have no trouble finding come.

**中考英语作文模版和范文 第十一篇**

How time flies! I have studied in my school for three years. And I will graduate from middle school in a month. I am eager to share my happiness and sadness with you. I had so many memories in three years’ life. One of them impressed me very much. I still remember, when I began to learn English, I found it too difficult. No matter how hard I tried, I still couldn’t do well in it and almost gave it up. As soon as my English teacher found my problem, she had a talk with me about how to learn English well. Since then, she has kept helping me. Little by little, I’ve become interested in English and I’m good at it. I think I am so lucky to become one of her students. I’ve learned a lot from her. I will try to help others when they are in trouble. I think it is a happy thing to help others.

**中考英语作文模版和范文 第十二篇**

Timeflys. A week has been gone.

This week I have nothing sepecial except helping anold lady across the road. I left home for school in a hurry on Monday morning,because I had flag-raising ceremony on that morning. When I was nearly arrivedat school, I saw an old lady whose hair is all white and she seemed didn’t movesmoothly. I worried about that she would have accidents without help. So I help her to go through theroad. As a result, I was late for school, but I was very happy.

**中考英语作文模版和范文 第十三篇**

Dear Kim:

I feel so happy to hear that you are interested in the Chinese spring festival, which is one mostimportant symbol of Chinese culture. With my great honor, I am here sharing my knowledgea bout it with you.

The spring festival, also called Chinese New Year, enjoys a long history of over 4,000 years. Unlike other festivals, the Spring festival is a period of time, rather than a single day. It startsfrom the first day of a new year and ends on January 15th, , of course in the Chinese lunarcalendar. But people usually start to celebrate the Spring Festival on the day before the NewYear\'s Day, which is called New Year\'s Eve, when all members of a family get together, have abig meal together(called Nian Ye Fan in Chinese) and watch the Spring Festival gala, indulged inthe especially warm and sweet atmosphere of reunion.

There are a variety of activities during the Spring festival, among which at least three deserveyour special attention. First, when the new year\'s first bell rings out the old year and rings inthe new, adults and children get out of the houses and light crackers and fireworks, whichdecorates the sky into a colorful and magnificent stage.

Then, on the morning of the New Year\'s Day, people get up very early to stick couplets, onwhich all good wished are presented. Meanwhile, the red color of the couplets adds much to thejoy of the splendid festival.

In addition, we have to visit our relatives from door to door as of the first day of the SpringFestival until the Lantern Festival, which is supposed to be a conclusion of the whole SpringFestival.

Kim, the short letter here surely fails me to give you a complete account of our Spring Festival. I sincerely hope, if possible, that you can come here in China to have a real experience aboutit.

Best wishes!

Yours,

Li Hua

**中考英语作文模版和范文 第十四篇**

In china,the spring festivai is a special it leave people\'s spring festival is the first month by lunar calendar and the beginning of new spring festival eve,people can special purchase for the spring festival ,do spring festival shopping,light fireworks and paper cuts .on spring festival,children dress new clothes and eat delicious food ,they can put the smork the eveving ,people eat dumplings and watch post spring festival the beginning of new year,children go to pay new year\'s call and get gift money people wishes their relativas example\'\'wishing you prosperity ,everything is well,wishing youevery susses\'\'.let\'s happy lunar new year.

Spring Festival day that the families get together. Chinese people most like the Spring spring festival is usually in the February ,.In the spring festival,every family all paste the lucky, Spring Festival couplets and they fire the cracker,they eat the dumplings, we are have make dumplings it,is very delious .playing fireworks in the open air. My brother and I played fireworks on that day. We had many fireworks.. the families get together to have the new year\'s dinner,wish each other,talk about the wishes about the new I hope make progress in study and everyone in families happy. we are receive the money given to them as a lunar new year like it very much.

The Spring Festival is the most important festival for the Chinese people and is when all family members get together, just like Christmas in the West. All people living away from home go back, becoming the busiest time for transportation systems of about half a month from the Spring Festival. Airports, railway stations and long-distance bus stations are crowded with home returnees.

The Spring Festival falls on the 1st day of the 1st lunar month, often one month later than the Gregorian calendar. It originated in the Shang Dynasty (c. 1600 BC-c. 1100 BC) from the people\'s sacrifice to gods and ancestors at the end of an old year and the beginning of a new one.

Strictly speaking, the Spring Festival starts every year in the early days of the 12th lunar month and will last till the mid 1st lunar month of the next year. Of them, the most important days are Spring Festival Eve and the first three days. The Chinese government now stipulates people have seven days off for the Chinese Lunar New Year.

Many customs accompany the Spring Festival. Some are still followed today, but others have weakened.

On the 8th day of the 12th lunar month, many families make laba porridge, a delicious kind of porridge made with glutinous rice, millet, seeds of Job\'s tears, jujube berries, lotus seeds, beans, longan and gingko.

The 23rd day of the 12th lunar month is called Preliminary Eve. At this time, people offer sacrifice to the kitchen god. Now however, most families make delicious food to enjoy themselves.

After the Preliminary Eve, people begin preparing for the coming New Year. This is called xxxSeeing the New Year inxxx.

Store owners are busy then as everybody goes out to purchase necessities for the New Year. Materials not only include edible oil, rice, flour, chicken, duck, fish and meat, but also fruit, candies and kinds of nuts. What\'s more, various decorations, new clothes and shoes for the children as well as gifts for the elderly, friends and relatives, are all on the list of purchasing.

Before the New Year comes, the people completely clean the indoors and outdoors of their homes as well as their clothes, bedclothes and all their utensils.

Then people begin decorating their clean rooms featuring an atmosphere of rejoicing and festivity. All the door panels will be pasted with Spring Festival couplets, highlighting Chinese calligraphy with black characters on red paper. The content varies from house owners\' wishes for a bright future to good luck for the New Year. Also, pictures of the god of doors and wealth will be posted on front doors to ward off evil spirits and welcome peace and abundance.

**中考英语作文模版和范文 第十五篇**

The celebration actually starts on New Year\'s Eve with the family reunion dinner. By New Year\'s Eve, you should have done the following

Clean the entire home to get rid of all the things that are associated with the old year.

Put away all brooms and brushes.

Pay all your debts.

Resolve differences with family members, friends, neighbors and business associates.

Buy the following

Red money envelopes,

Oranges and/or tangerines,

Fill a “Cheun hup(a circular red tray separated in eight compartments) with melon seedslotuschocolate coinsnuts etc.

Flowers (especially plum blossoms, peach blossoms, water lilies),

A new set of clothes and shoes for children, preferably something red or orange.

Get new dollar bills from the bank. Insert the new dollar bills into the red envelopes. Now the red envelope is called a lai see or lucky money envelope.

On New Year\'s Eve

Get together with close family members (not including married daughters and their families) for the “reunion ” dinner.

Pay respect to ancestors and household gods. Acknowledge the presence of ancestors because they are responsible for the fortunes of future generations.

Open every door and window in your home at midnight to let go of the old year.

On New Year\'s Day

Decorate your home with symbols of good fortune. Here are some suggestions

Colors： Bright red (happiness); gold/orange (wealth happiness)。

Fruits： Oranges and tangerines (good health long life); tangerines with leaves intact (long lasting relationships; being fruitful and multiply); persimmons (happiness and wealth

“Chuen Hup” circular candy tray (candy for sweet and circular for togetherness and continuity)。

Flowers： If flowers bloom on New Year\'s Day, it will be a prosperous year.

Red banners or couplets with New Year

**中考英语作文模版和范文 第十六篇**

Myfavorite building is Zhuhai Fishing Girl, which is located at the scenicXianglu Bay, in Haibin Park. The statue is composed of granite and stands high, weighing 10 tons. It was built by a professor called Panhe fromGuangzhou Art College in 1982. Now it has become the landmark of Zhuhai. Itlooks so glorious.

Look, she holds a pearl highly in the air with both of herhands in an elegant pose, as if she is greeting the guests from also symbolizes the brightness of Zhuhai. Every year, thousands of peoplecome to see it with their own eyes.

If you travel to Zhuhai, I\'d love to showyou around there. Maybe you\'ll have a nice time.

**中考英语作文模版和范文 第十七篇**

题目：请以“Everyone Needs Help”为题，写一篇不少于60单词的作文。

Everyone Needs Help

1 Did you get any help from others?

2 Did you give any help to people when they needed?

3 Tell your story

>参考作文

In our daily life, we are dealing with different kinds of people, no matter at home, in school, or at some other places. Everyone needs help, I think. And only who are willing to help others will also be helped.

在我们的日常生活中我们会遇到各种各样的人，无论是在家里、学校，还是在其他地方，我觉得我们都需要帮助。并且只有那些愿意帮助他人的人会获得别人的帮助。

One day I saw a little girl in the street carrying a heavy schoolbag on her back. She was walking happily.

一天，我在街上看到一个背着沉重书包的小女孩，她正开心地走着。

Then suddenly an old man fell down while he was crossing a street. She ran towards him at once, but she was too short to help him to stand. I helped her and we together brought the old man to safety. He thanked us over and over. I think the little girl was, though very young, a very warm-hearted person.

突然，一位老人在穿过街道时摔倒了。她迅速地奔向老人，但是她太矮了，没法把老人扶起来。我过去帮助她把老人扶到安全地带。老人一再感谢我们。我觉得这个小女孩虽然年轻，但是一个很热心肠的

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